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**ARNOLD SWIMMING CHAMPIONSHIPS  
SATURDAY MARCH 2, 2019 • NEW ALBANY, OHIO**

**New Albany High School Natatorium • 7600 Fodor Road, New Albany, Ohio • [www.Arnold Sports Festival.com](http://www.ArnoldSportsFestival.com)**

- Ages 18 and over • USMS Sanctioned
- “Photo with Arnold Schwarzenegger” taken on Sunday, March 3 with a randomly drawn entrant
- EVENTS: See reverse side
- Awards: Ribbons for 1<sup>st</sup> thru 3<sup>rd</sup> in each age bracket
- Meet Directors – Pete Tarnapoll & Chris Birnbrich
- For additional information and online registration visit [arnoldsportsfestival.com/swimming](http://arnoldsportsfestival.com/swimming)

SPECTATOR ADMISSION: Free at the New Albany High School Natatorium. Daily Arnold Fitness EXPO tickets can be purchased IN ADVANCE at [www.ticketmaster.com/arnold](http://www.ticketmaster.com/arnold) (3 EXPO Tickets for \$40; single for \$15) or at the door for \$20. 14 yrs. & under FREE if accompanied by an adult. Includes access to the Arnold Festival EXPO and most events at the Columbus Convention Center as well as access to the Arnold SportsWorld and events at the Ohio Expo Center.

PAGE TWO

SIX ANNUAL  
**ARNOLD CLASSIC SWIM MEET**  
**SHORT COURSE YARDS**  
SATURDAY MARCH 2, 2017

New Albany High School Natatorium • 7600 Fodor Road, New Albany, Ohio  
(Just east of Columbus, Ohio) • USMS Sanction # Pending

- Times:** Warm-ups start at 10:00 am  
Event #1 (1,000 yard freestyle) will start at 11:00 am  
Event #2 (500 yard freestyle) will start at 11:25 am  
Event #3 will start at 12 noon or later
- Eligibility:** *All swimmers must be registered U.S. Masters swimmers.*  
2019 U.S. Masters swimming rules will govern the conduct of the meet. Only swimmers entered in the meet can participate in relays.
- Age Groups:** Age group of competitors on March 2, 2019 will determine age group.  
Age groups are: 19-24, 25-29, 30-34, 35-39, etc.  
For relays, age group is determined by the age of the youngest swimmer on the relay.  
All relays can be swum with 4 women, 4 men or mixed (2 women and 2 men).
- Entry Fees:** **Online pre-entered entries...\$40**  
Visit [www.arnoldsportsfestival.com/swimming/](http://www.arnoldsportsfestival.com/swimming/)  
Online entries close at noon, *Thursday, February 28, 2019.*  
**Entries via mail...\$45**  
Mail-in entry form at [www.arnoldsportsfestival.com/swimming/](http://www.arnoldsportsfestival.com/swimming/)  
*Must be received by the meet director by Wednesday, February 27, 2019.*  
**All Deck Entries....\$50**  
*Deck entries will be accepted until 10:00 am, except for events 1 & 2 (1,000 & 500 yd. freestyles; no deck entries accepted)*  
**Relay-Only Swimmers....\$10**  
*Relays are deck entry only and due by start of event 4.*
- Meet Directors:** **Pete Tarnapoll and Chris Birnbrich**  
For more information contact Pete Tarnapoll at 614-563-1905 or [pete.tarnapoll@gmail.com](mailto:pete.tarnapoll@gmail.com)
- Order of Events:**
1. 1000 Yard Freestyle (limited to the first 5 entries)
  2. 500 Yard Freestyle (limited to the first 15 entries)
  3. 50 Backstroke
  4. 50 Breaststroke
  5. 100 Butterfly
  6. 200 Freestyle
  7. 200 Backstroke

8. 100 Individual Medley
9. 200 Medley Relay

**:10 MINUTE BREAK**

10. 200 Freestyle Relay
11. 200 Butterfly
12. 200 Breaststroke
13. 50 Freestyle
14. 100 Backstroke
15. 50 Butterfly
16. 100 Breaststroke
17. 100 Freestyle
18. 400 Individual Medley

**Spectator Admission:**

FREE at the New Albany High School Natatorium.

**Arnold Fitness EXPO** (Downtown Columbus): Daily Arnold Fitness EXPO tickets can be purchased IN ADVANCE at [www.ticketmaster.com/arnold](http://www.ticketmaster.com/arnold) (3 EXPO Tickets for \$40; single for \$15) or at the door for \$20. 14 yrs. & under FREE if accompanied by an adult. Includes access to the Arnold Festival EXPO and most events at the Columbus Convention Center as well as access to the Arnold SportsWorld and events at the Ohio Expo Center.

**Join us February 28 - March 3 for the Arnold Sports Festival! Visit [www.ArnoldSortsFestival.com](http://www.ArnoldSortsFestival.com)**