



## Jump Rope Trivia Game – [www.amjrf.com](http://www.amjrf.com)

Search for the answers on the internet.

**Submit your answers to [lea@arnoldexpo.com](mailto:lea@arnoldexpo.com) to be entered for the prize drawing!**

1. When and where was jump rope created?
2. How many calories can a person burn in an hour of jump rope?
3. What is the name of a jump rope competition in Columbus?
4. Who is a 30-time World Jump Rope Champion?
5. Are there camps to attend for people who want to learn to jump rope (go to [www.amjrf.com](http://www.amjrf.com))?