



Martial Arts Trivia Questions

1. Karate is a Japanese martial art that uses various punches, kicks and blocks. What does the word karate mean?
Circle your answer: Strong arm, Fist fighting, Heavy punch, or Open hand.
2. Which martial arts technique involves different kinds of grappling, locks and holds?
Circle your answer: Karate, Jujitsu, Tai Chi, or Kung Fu.
3. The Samurai were a class of ancient martial arts warriors from what country?
Circle your answer: Samoa, Japan, Thailand, or China.
4. What is the name of the place where martial arts are taught or practiced?
Circle your answer: Katsu, Dojo, Dan, or Judoka.
5. Which of these martial arts is from Korea?
Circle your answer: Judo, Karate, Kendo, or Tae Kwon Do.
6. Which of the following martial arts is an Olympic sport?
Circle your answer: Judo, Karate, Kung Fu, Aikido.
7. Which of these is not considered a good reason to take martial arts?
Circle your answer: Learn self-defense, So you can beat up your younger brother or sister, To improve your mental strength, or Improve your physical conditioning.